



Fascia in the center of scientist's interest: 2nd International Fascia-congress

- 2nd International Fascia-congress will take place 27-30 October 2009 in Amsterdam
- Latest news from scientific studies about fascia research will be presented

"From Cinderella into the spotlight" was the headline 2 years ago at the extremely successful 1st Fascia Congress at the Harvard Medical School in Boston, USA. Since that time an exponential increase of scientific and public interest in fascia has taken place. There is a great increase in the number of new scientific results in fascia research.

The 2nd International Fascia Congress 2009 will be held at the Vrije Universiteit in Amsterdam, Netherlands, 27 - 30 October 2009. This year's congress is about the sensoric innervation of fascia ("fascia as a sense organ"). An analysis of clinic therapy methods which focus on fascia will be presented (Rolfing®, Acupuncture, Triggerpoint therapies, Osteopathy, etc.). One highlight will be the announcement of the newest research: "A mayor part of back pain apparently is not caused by disk problems, but by loin-fascia." This is the result of the studies of Helene Langevin (University of Vermont, USA) and Prof. Siegfried Mense (University Heidelberg, Germany).

The new results of the worldwide fascia research are based on clinic experience of Rolfers in the physiologic-medical area. The European Rolfing Association (ERA) was the cooperation partner of the 1st International Fascia Research Congress at the Harvard Medical School in Boston 2007. This fascia congress was positively noticed and commented on worldwide. Even the well known scientific magazine "Science" reported in detail. (http://www.rolfing.org/fileadmin/images/user-content/science_20article_01.pdf) The 2nd International Fascia Congress 2009 in Amsterdam is supported by the ERA again.

"What's fascia?" ... this net of connections can be found everywhere in the human body. This has not been seen in the right light. Fascia has been known, but nobody thought it would make much sense to do research on fascia. You may think it is weird, but there are some of these peculiarities in the history of medicine" (Ida Rolf)

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Printing free of charge

Voucher copy requested

Munich, August 2009